

## Johari Window Self-Assessment

· Agreeable	· Enduring	· Humble	· Righteous
· Appreciative	· Enthusiastic	· Initiative	· Secure
· Attentive (good listener)	· Evangelistic	· Integrity	· Self-controlled
· Approachable	· Fair	· Joyful	· Selfless
· Available	· Faithful	· Kind	· Sensitive
· Communicative	· Fearless	· Loving	· Servant Leader
· Compassionate/Caring	· Flexible	· Loyal	· Sincere
· Considerate	· Forgiving	· Meek	· Submissive
· Consistent	· Friendly	· Merciful	· Supportive
· Content	· Friendship	· Optimistic	· Tactful
· Conviction	· Generous	· Patient	· Teachable
· Cooperative	· Gentle	· [at] Peace	· Temperate
· Courageous	· Godly	· Persevering	· Thorough
· Dependable	· Good/virtuous	· Prayerful	· Thoughtful
· Devoted	· Good example	· Prompt	· Time [giving of]
· Diligent	· Gracious (kind)	· Prudent	· Tolerant
· Discerning	· Grateful	· Pure	· Understanding
· Disciplined	· Holy	· Respectful	· Wise
· Efficient	· Honest & truthful	· Responsible	· Zealous
· Encouraging	· Hospitable	· Reverent	

### From the list of Christian Traits above:

1. Identify the traits you consider to be your strengths (tick)
2. Identify the traits you consider to be a major weakness (x)
3. On the next sheet do the same for two members of your family group

### Johari Window sheet:

- In the **Arena** box write all the traits that both you and others have identified (including weaknesses)
- In the **Blind Spot** box write all the traits that others have said of you (including weaknesses)
- In the **Façade** box write all the traits that you identified but others have not
- In the **Unknown** box write all the remaining traits (including weaknesses)